



KID'S
GROUP FITNESS
AGES 3-5

MONDAYS
&
WEDNESDAYS
10:00-10:45 A.M.

MEMBERS-FREE
NON-MEMBERS-\$10.00

**EACH CLASS OFFERS FUN FILLED GAMES, DRILLS AND EXERCISES
IMPROVING STRENGTH, COORDINATION AND FLEXIBILITY.**

SIGN UP AT FRONT DESK.
(Waiver must be completed.)
DROP OFF CHILDREN IN KID'S CLUB.
For more information call Rose Tasca @ ext. 134.
REVISED 9-09